

Appendix: Clinical Competency Assessment Scale in Child and Adolescent Mental Health Nursing (CCAS-CAMHN)

This questionnaire asks about your daily practice with children with mental health problems and their families. Please read the following items and mark ○ on the number that is closest to your current situation.

		Not performed at all					Always performed
		←					→
1	I closely monitor patients' emotions during their treatment.	1	2	3	4	5	6
2	I carefully approach patients to prevent violent and problematic behaviors.	1	2	3	4	5	6
3	I intervene in a timely manner if patients exhibit recurrent violent and problematic behaviors.	1	2	3	4	5	6
4	I help patients accept and overcome failed experiences.	1	2	3	4	5	6
5	I facilitate treatment by establishing good relationships with patients early on.	1	2	3	4	5	6
6	I communicate with patients regarding what to do in a crisis.	1	2	3	4	5	6
7	I maintain a proper emotional distance from patients and their family members.	1	2	3	4	5	6
8	I support patients' self-determination at a level appropriate for psychological development.	1	2	3	4	5	6
9	I elicit patients' thoughts by playing with them.	1	2	3	4	5	6
10	I enhance patients' strengths and help them utilize those strengths in their daily life.	1	2	3	4	5	6
11	I offer patients the opportunity to have successful experiences.	1	2	3	4	5	6
12	I confirm the feelings driving my patients' behavior.	1	2	3	4	5	6
13	I use effective communication methods according to the patient's stage of development and disorder.	1	2	3	4	5	6
14	I determine the roles of each family member so that they can care for the patient.	1	2	3	4	5	6
15	I inform collaborating agencies how to deal with the difficulties I encounter in supporting my patients.	1	2	3	4	5	6
16	I smoothly shift the focus of care to other occupations and agencies if needed.	1	2	3	4	5	6
17	I work with other support agencies to get the necessary information for care.	1	2	3	4	5	6
18	I assist family caregivers in effectively communicating with healthcare professionals.	1	2	3	4	5	6
19	I know the strengths of my patient's family.	1	2	3	4	5	6
20	I work with key persons in the patients' community care.	1	2	3	4	5	6

21	As a member of a multidisciplinary team, I am involved in determining the direction of care.	1	2	3	4	5	6
22	I share my knowledge of the disorder and its treatment with family caregivers and improve their understanding.	1	2	3	4	5	6
23	I understand the gap in how the patient is perceived by family caregivers and healthcare professionals.	1	2	3	4	5	6

Please refer to the following scientific papers for further information on the development of the scale.

Funakoshi, A., Miyamoto, Y., Tsuchiya, T., & Tsunoda, A. (2023). Development of the clinical competency assessment scale in child and adolescent mental health nursing. *Journal of psychiatric and mental health nursing*, 10.1111/jpm.13014. Advance online publication. <https://doi.org/10.1111/jpm.13014>.